

Executive Presence

Self-Assessment



Explore



Design



Climb

Rate yourself on a scale from 1 to 5 for each executive presence dimension below. Entering 1 means you score very low, 5 means you score very high. Enter numbers directly into the form. Subtotals will calculate automatically.

Rating

Physical Presence, Poise

- I am confident in group settings even when other tensions are present _____
- I am able to offer opinions, professionally and respectfully, even when unpopular _____
- I tend to attract positive attention at business or social events _____
- I am viewed as a person who manages change well, without complaint _____
- I am perceived as a leader _____
- People see me as self-controlled and relaxed _____
- I have a professional and neat appearance _____

Subtotal

People Sense

- I acknowledge and validate what others are feeling even when I disagree _____
- I am known for showing compassion and kindness _____
- I am able to quickly build trust with colleagues and subordinates _____
- Most people tend to find me approachable _____
- I respond differently to different people based on situation and context _____
- I am often told I am a good listener _____
- I am considered a team player and work well even in diverse groups _____
- I tend to make people feel more energized after a discussion _____

Subtotal

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Business Intelligence

- I am able to explain complex business ideas in simple terms _____
- I am not defined by my organization and hold larger interests _____
- I have industry-wide knowledge and expertise _____
- I convey well-rounded knowledge about industry leaders/competition _____
- I have a broad view of the world and converse on a wide range of topics _____
- I am viewed as having strong business knowledge _____
- I am able to speak specifically and confidently about industry trends _____

Subtotal

Communication Skill

- People understand my line of thought and see me as a critical thinker _____
- I feel at ease communicating with people I've just met _____
- I have been told I add value to discussions by the quality of my comments _____
- When I speak, people tend to stop and listen _____
- I am often asked to speak before company or civic groups _____
- I am able to tell the story in a compelling way without being self-righteous _____
- I use words that are positive and authoritative instead of negative and weak _____
- I take the time needed to prepare and practice before a speech _____

Subtotal

Scoring

Enter your score from the dimensions above into this table. This indicates the area of focus required to enhance that executive presence dimension. The area(s) requiring attention would benefit from outside help and further research.

	Red <13	Yellow 13-25	Green >25
Physical Presence, Poise	_____	_____	_____
People Sense	_____	_____	_____
Business Intelligence	_____	_____	_____
Communication Skill	_____	_____	_____